

## What are Clinical Trials?

Clinical Trials are research studies that explore whether a medical strategy, treatment, or device is safe and effective for humans. These studies also may show which medical approaches work best for certain illnesses or groups of people.

## How can participate in a clinical trial?

Each clinical trial defines who is eligible to take part in the study.

## Benefits and Risks

- You gain access to new treatments before they are widely available.
- You may receive the current standard care for your condition, as medical appointments, medication and laboratory without cost.

## Risks:

- A new treatment may have side effects or risks that doctors don't know about or expect.

More information: [www.nhlbi.nih.gov/studies/clinicaltrials](http://www.nhlbi.nih.gov/studies/clinicaltrials)

If you have one of this illness and are you interested in participating, **please contact us to 951-696-4600**

[Rheumatoid arthritis](#)

•[Psoriatic Arthritis](#)

•[Gout](#)